



For the past 13 years, I've coached the world's top executives through Anne Sugar Coaching/Consulting and as part of Harvard Business School's Executive Education program. I often share resources with them that I think are particularly salient to the needs of today's best leaders.

Below are the articles that I find timeless with practical tips and ideas to help you excel at work. My hope is that you can also benefit, and that you find a couple of tips you can test out in your workplace now.

I look forward to staying in touch. *- Anne*

What to Do When Your Employee is Diagnosed with Cancer

Anne Sugar | Harvard Business Review

Why This is Important:

With any health diagnosis, it is hard to navigate as a leader. Think about the balance of providing meaningful support as well as what is important for the company. Create a Plan B with a process and contingencies. I coach managers to lead with empathy while balancing business requirements as well.

How to Promote Yourself without Looking Like a Jerk

Dorie Clark | Harvard Business Review

Why This is Important:

Managers are busy and don't always have the bandwidth to recognize their top performers' contributions. I coach executives to create a compelling story about their successes by focusing on the metric of why their contributions are good for the company.

Should I Take a Professional Gap Year

Caroline Stokes | Thrive Global

Why This is Important:

Do not expect your career to follow a linear path. It is okay to pivot, laterally move, or even take a break for a bit. To take advantage of opportunities, I coach clients to create time to think at least 15 minutes a day.

What's Your Influencing Style?

Chris Musselwhite & Tammie Plouffe | Harvard Business Review

Why This is Important:

It is important to remember that your influencing style does not fit with every situation. The most important step is to diagnosis the situation to determine the appropriate style to leverage. Over time difficult conversations will be a bit easier to navigate.

Everything You Need to Know about Negative Feedback

Sarah Green Carmichael | Harvard Business Review

Why This is Important:

There are many different techniques and methods to deliver feedback. This article I continuously recommend because of the extensive library of feedback solutions. Research and find a couple of methods that work for you as a leader. Test everyday providing feedback to your team so that it becomes a habit and expectation.

How to Deal with a Passive Aggressive Boss

Ron Carucci | Harvard Business Review

Why This is Important:

Many executives work with a passive aggressive peer or manager. A passive aggressive team member is one of the most difficult people to work with on a daily basis. I recommend thinking about how to anticipate and prepare for the next conversation. This happens by flexing your leadership approach.